

# ELISA JANE NOEL, M.S., L.M.T

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## PROFESSIONAL WORK EXPERIENCE

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|--------------|---|--------------------|
| 2007-present | Pres./Owner, Evoke Bodyworks, LLC   | Salt Lake City, UT |
| 2007-present | Superior Home Care & Hospice<br>Massage Therapist   | Salt Lake City, UT |
| 2004-present | Salt Lake Community College<br>Instructor—Health and Lifetime Activities                  | Salt Lake City, UT |
|              | ■ HLTH 1255 Mind/Body Connection  |                    |
|              | ■ HLTH 1020 Contemporary Nutrition  |                    |
|              | ■ HLTH 1055 Healthy Body Image  |                    |
|              | ■ HLTH 1046 Fitness For Life  |                    |
|              | ■ HLTH 1100 Life Society and Drugs  |                    |
|              | ■ HLAC 1096 Strength Training   |                    |
|              | ■ HLAC 1100 Cardio Fitness  |                    |
|              | ■ HLAC 1500 Mountain Biking   |                    |
| 2004-2006    | Salt Lake Community College<br><i>Strength and Conditioning Coach--Women's Basketball</i> | Salt Lake City, UT |
|              | ■ Developed strength and conditioning exercise prescriptions for athletes.                |                    |
|              | ■ Trained athletes in fundamental skills.   |                    |
|              | ■ Assist in developing strategic game plans.  |                    |
|              | ■ Assist in recruitment of athletes.  |                    |
| 2001 – 2004  | Southern Illinois University<br><i>Teaching Assistant – Physical Education Instructor</i> | Carbondale, IL     |
|              | ■ PE 101 Concepts of Physical Fitness   |                    |
|              | ■ PE 104E Walking and Jogging   |                    |
|              | ■ PE 104D Strength Training   |                    |
|              | ■ PE 106A Basketball  |                    |

2003-2004 Southern Illinois University Carbondale, IL  
*Physical Education Lab Assistant*

- PE 320 Physiological Basis of Human Movement

2003 - 2005 Southern Illinois University Carbondale, IL  
*Fitness Instructor (Cycling, Kickboxing, Pilates, Weight Training)*

- Provided safe and effective group exercise classes for various types of fitness programming.

2004-2005 Southern Illinois University  
*Personal Trainer.*

- Assess fitness levels of individuals and develop effective training programs.

## EDUCATION

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2009 Guild for Structural Integration Boulder, CO  
*Certified, Advanced Structural Integration Practitioner*

2007 Guild for Structural Integration, Boulder, CO  
*Certified Structural Integration Practitioner*

2006-2007 Utah College of Massage Therapy Salt Lake City, UT  
*Professional Massage Therapy and Master Bodyworker Programs*

2002-2004 Southern Illinois University Carbondale, IL  
*M.S. Ed. Exercise Science - May 2004*

2000-2002 Weber State University Ogden, UT  
*B.S. Physical Education – Teaching and Coaching*

1997-2000 Salt Lake Community College Salt Lake City, UT  
*Associates Degree*

## CERTIFICATIONS

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2009- Present	Certified Advanced Structural Integration Practitioner
2007- Present	Certified Structural Integration Practitioner
2007- Present	National Certification for Massage and Bodywork
2006- Present	Quantum Touch Practitioner
2004 - Present	American College of Sports Medicine Health Fitness Instructor
2004- Present	AFFA Group Exercise/Aqua Instructor
2004 - Present	Kickboxing Certification – Turbo Kick
2003 – Present	Pilates Certification – Fitour
2002 -Present	American Red Cross – Adult CPR

